



國立宜蘭大學
2022-2023 年境外生新生手冊

Guidance for New Students
National Ilan University
2022-2023



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✧ 入學重要行事 Important Steps for Admission Summary

完成後請勾選(✓)。Please(✓) when you are done.

When	What	How & Where	Remark	(✓)
Round 1- April 22 Round2- June 24	Mailing of Admission Offer Letter 寄發錄取信			
Round 1- May 6 Round2- July 8	Confirmation of Registration 確認入學意願	1. Log-in to the admission website, in “Admission Result”, click on “Confirmation of Registration” 登入宜蘭大學招生網站，點選“確認入學”連結 2. Fill in the attached Google Form in reply 在 Google 表單中填寫回覆	1. Please refer to: http://applyisa.niu.edu.tw/incoming/incoming.student/login 2. Please refer to: https://forms.gle/Azhdn9sJYKfucg2Z7	
Mid July	Enrollment list to be sent to the Office of Academic Affairs 入學名單送教務處辦理		Students will be notified via E-mail 入學通知會寄至學生的信箱	
Mid July	1. Applying for Visa 簽證 2. Ensure the Function of Overseas Transfer & ATM Withdrawal of your Bank Account 開通海外匯款提款功能 3. Entry permit 入境許可 (防疫措施) 4. Verification for Educational Background 學歷認證	1. Proceed to www.boca.gov.tw > Visa > Resident Visas > Detailed Information on Republic of China Resident Visas > 2 Resident Visas for Foreign Students. Prepare the documents according to the requirements. 由外交部網站開始簽證申請。 2. After obtaining the visa and updating to the school’s contact person, an entry permit will be issued by NIU. <u>Please wait for the school’s</u>	Please take note that the required documents for Visa application could be variable depend on the overseas missions the applicant approaches to. 不同地區的外館，對於應備文件的附加要求可能會有不同，應多加注意	

When	What	How & Where	Remark	(✓)
		<p><u>response before booking the plane ticket.</u> 入境許可由校方簽發，請等候學校通知，再行購買機票。</p> <p>3. If the transcripts / diplomas / graduation certificates are not in Chinese or English, a Chinese- or English- translation version is required. <u>You should have all foreign diploma and transcripts verified by the Taiwan Overseas Mission in the country of the institution.</u></p>	For the application for Visa detail, please refer to the Visa application procedures.	
Before Departure	<p>1. Submission of PCR test taken within two days of flight schedule time to the Airline Administration 向機場提交出境兩天前之核酸檢驗</p> <p>* The regulations may be amended by the CDC, please follow the instructions when you register.</p> <p>2. Filling up health declaration form at the Quarantine System 衛福部線上系統填報</p>	<p>1. Obtain a COVID-19 RT-PCR Test Report</p> <p>2. Quarantine System Health Declaration : https://hdhq.mohw.gov.tw/Default1?openExternalBrowser=1</p>	Staff of NIU will handle the Quarantine Hotel reservation 防疫旅館由本校教職員下訂	
Late Aug.- Early Sep. (Tentative)	Arrival at Yilan, Purchase of SIM Card, Quarantine Hotel Check-in 抵達宜蘭，購置暫時性網卡，下榻防疫旅館	<p>1. Approx. \$1000 in cash for temporary SIM card</p> <p>2. Approx. \$1000 for Quarantine Taxi Pick-up at the Airport</p>	It is recommended to arrive in Taiwan by August 22, 2022 .	
During Quarantine	Apply for Alien Residency Certificate (ARC) 申請外籍居留證	Personal Computer, Passport (w/ Visa Page), Certificate of enrollment, Passport-size Photo 個人電腦，護照，在學證明，照片(護照大小)	Certificate of enrollment is issued by OIA 在學證明由國際處簽發	

When	What	How & Where	Remark	(✓)
Sep. 2	Deadline to apply for deferral of admission (if needed) 申請保留入學期限	<ul style="list-style-type: none"> • Application Form (from OIA) • Supporting documents for the reason • Original copy of the highest diploma and an English transcript officially notarized by the overseas office of the R.O.C. in the country • Copy of passport • Please contact the NIU Office of Academic Affairs <chiacheng@niu.edu.tw> 申請表、保留入學事由證明文件、畢業證書正本及外館認證，護照影本 請向教務處申請保留入學	*For students who decided to postpone their enrollment. Negligence of the respective due date will lead to obligated payment of partial tuition fee. 供有意延遲入學學生使用。逾期辦理將導致必繳學費比例產生。	
Sep. 5	Deadline of Tuition Fee Payment 學雜費繳費期限	Print out Payment slip via Payment System 印出繳費證明	Registration is completed upon transfer of tuition. 繳費即為完成註冊。	
Mid Aug.- Early Sep. (Tentative)	(The CDC may change quarantine regulations and disease prevention measures at any time) End of Quarantine, 4-days of Self-Health Management Isolation 3 天防疫隔離結束，4 天自主健康管理	Now the quarantine period is 8 days and the expense of the hotel is about NT\$2,000/day, and the quarantine taxi from the airport to the quarantine hotel is about NT\$1,000.	The quarantine duration is subject to change by the government's policy adjustment.	
Sep. 5-16	Course Selection via Online Selection System 線上選課	https://acade.niu.edu.tw/niu/ Log in account (帳號): Student number (lower case) Password (密碼): Student number (lower case)	Refer to Pg. 6 for detail.	
Sep. 5	Beginning of the Semester 學期開始		Date of arrival may be different for each foreign student.	

When	What	How & Where	Remark	(✓)
			Registration procedures should be completed on the registration day. If you do not register on time for no reason, we will reject your registration unless you apply for late registration, permitted by the Division of Registration.	
Sep. 5 (Tentative)	Arrival at Campus, Dormitory Check-in 抵校，入住宿舍	1. Quarantine Taxi approx. \$1000 防疫計程車費 2. Payment of \$9500 in cash for one semester of dormitory accommodation to the Cashier Department 宿舍費\$9500 繳交至出納組	Please refer to Pg. 3 for details. If the students want to get into earlier, they may need to pay about NT\$ 528/week.	
Oct. 14	The registration deadline	Office of International Affairs Academic Affairs	The international students who do not register before Oct 14, will be deemed to have withdrawn.	
Days Onwards	1. Collect the ARC (Alien Residency Certificate) 領取居留證	At National Immigration Agency, Luodong Office 至宜蘭羅東移民署領取	Mailing is not available 無法郵寄	
	2. Applying for a Local Post Office Bank Account and local phone number 開郵局戶頭與辦理手機門號	應備文件： Passport，ARC 護照，居留證 Types of prepaid & post-paid mobile service plans: https://www.emome.net/3	Students below 20 are to be accompanied by an authorized person above 20 未滿二十歲者需二十歲以上保證人一名	
	3. Run registration procedure and collect student card (OIA, Registration and Curriculum Division)	Upon the arrival at the campus, students are to bring the following documents to <u>Office of International Affairs</u> and <u>Office of Academic Affairs</u> : • Passport	• Regarding registration please provide the following documents through the following linkage to OIA	

When	What	How & Where	Remark	(✓)
	辦理報到註冊手續和領取學生證（國際處、註冊組）	<ul style="list-style-type: none"> • Visa and ARC (if any) • Transcript and diploma authentication by Taiwan Oversea Mission • Passbook of Taiwanese bank (if any) • National health insurance card (if any) • 1 recent photo 新生到校後請攜帶護照、居留證、具外館認證之學歷證明、銀行存簿（若有）、健保卡（若有）至國際處及教務處。另附近照一張至教務處	https://docs.google.com/forms/d/e/1FAIpQLSfFd4CSWWWh3hOWgufVFIWBETX2y27EcMUQYCXXSEL3sZhO2yQ/viewform?usp=sf_link <ul style="list-style-type: none"> • Please bring the documents to the <u>Office of Academic Affairs</u> when registering. 	
	4. Payment of Health Insurance & Accident Insurance 繳納臨時保險費	\$4055 to OIA. 金額繳至國際處	National Health Insurance will be available for application after six months of staying in Taiwan. 在台居留滿六個月後得加入全民健保	
	5. Compensation of Quarantine Expense 申請防疫補助	ARC, Photocopy of Bank Passbook, Receipt of Quarantine Accommodation Payment 居留證，郵局存簿影本，防疫旅館繳費收據	Compensation is not available for students who has already stayed locally in Taiwan before enrollment. 入學前已在台學生不得申請補助	
	6. Health Checkup 健康檢查	One-day Mass Health Checkup to be conducted for every freshman. Students who arrive after that date will go for individual checkup at hospital 全體新生將進行團體健檢，於團體健檢日期後抵校的同學將自行前往醫院完成健檢		

● **校園安全維護及學生特殊事件處理 Campus security and handling of relating student cases**

本校設有 24 小時校安執勤專線，協助學生處理緊急意外事件。

Our campus is equipped with a 24-hour servicing security hotline to assist students in handling emergencies or accidents.

電話 Tel : **03-9364006**

● **緊急求助電話 Emergency Contacts**

1. 緊急救助電話 Emergency Numbers

- 消防與急救 Fire & Ambulance: **119**
- 警察 Police: **110**

2. 校園安全或緊急事件反應聯絡 Campus Security and Emergency Response Contacts

- 國際事務處 Office of International Affairs: **03-931-7182**

● **宜蘭緊急醫療連絡電話 Yilan Emergency Contacts**

宜蘭縣警察局 Yilan County Police Bureau	03-9325147
宜蘭市警察分局 Yilan Precinct Police Bureau	03-9355385
宜蘭縣消防局 Yilan County Fire Bureau	03-9322225
博愛醫院 Lotung Poh-Ai Hospital	03-9543131
陽明大學附屬醫院 Yang-Ming Uni. Hospital	03-9325192

NIU 行事歷 Calendar 2022-2023

MONTH	WEEK	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Scheduled Events
AUG	Summer 6	31	1	2	3	4	5	6	8/1 Beginning of the academic year. Beginning of the Fall Semester.
	Summer 7	7	8	9	10	11	12	13	8/16 End of summer break course retake. 8/18 Deadline for submitting summer course results
	Summer 8	14	15	16	17	18	19	20	8/23~26 First preliminary course selection (freshmen, transfer students, returning students) and the second preliminary course selection of old students 8/24~26 Club cadres training camp
	Summer 9	21	22	23	24	25	26	27	8/25 Deadline for registration tuition payment of postgraduate freshmen 8/29 Freshmen's Parent-teacher symposium; 8/30~9/2 Freshmen orientation
	Preparation Week	28	29	30	31				8/30 Deadline for registration tuition payment 8/30 Issuance of the second-tier graduation certificate
SEP	Preparation Week					1	2	3	9/2 Deadline for application of early graduation, deadline for freshmen to apply for reserved admission qualification, deadline for postgraduates' school leaving procedure for 2022 Spring Semester
	1	4	5	6	7	8	9	10	9/5 School starts (official classes) 9/5~9 Friendly Campus Week
	2	11	12	13	14	15	16	17	9/5~16 Final course selection 9/9 Adjusted holiday (no classes) 9/10 Moon Festival (National Holiday, no classes)
	3	18	19	20	21	22	23	24	9/16 Deadline for teachers' application for grade change 9/16 Deadline for application of Minors, Double Majors, and class waive 9/19 Mid-Term Alert Begins (until 11/18)
	4	25	26	27	28	29	30		
OCT	4							1	
	5	2	3	4	5	6	7	8	10/10 National Day of R.O.C. (No classes) 10/14 One-third mark of the semester (for refund purpose)
	6	9	10	11	12	13	14	15	10/24~11/25 Period of application to drop a course 10/24~11/18 Mid-term teaching evaluation survey
	7	16	17	18	19	20	21	22	10/31~11/6 Mid-term exams
	8	23	24	25	26	27	28	29	
	9	30	31						

NOV	9			1	2	3	4	5	11/25 Two-third mark of the semester (for refund purpose) 11/30 Deadline for application of master/doctoral degree qualification exam
	10	6	7	8	9	10	11	12	
	11	13	14	15	16	17	18	19	
	12	20	21	22	23	24	25	26	
	13	27	28	29	30				
DEC	13					1	2	3	12/26~30 End-term Teaching Evaluation survey 12/26~30 First stage for online course selection 12/30 Deadline for application of suspension in studies
	14	4	5	6	7	8	9	10	
	15	11	12	13	14	15	16	17	
	16	18	19	20	21	22	23	24	
	17	25	26	27	28	29	30	31	
JAN	18	1	2	3	4	5	6	7	1/1 R.O.C Founding Memorial Day (no classes) 1/2 R.O.C Founding Memorial Day make-up holiday (no classes)
	Winter 1	8	9	10	11	12	13	14	12/26, 1/3~8 Final exams 1/9 Winter break begins
	Winter 2	15	16	17	18	19	20	21	1/12 Deadline for submitting semester's grade 1/18 Announcement of semester grades
	Winter 3	22	23	24	25	26	27	28	1/20 Adjusted holiday 1/21 Chinese New Year's Eve 1/22~26 Chinese New Year holidays
	Winter 4	29	30	31					1/30 Mailing the semester's transcripts 1/31 Deadline for postgraduate student's degree qualification exam; End of semester

Chinese Version



English Version



入學相關資訊 Admission related information

◇ 關於國際學生學伴 About Study Partners (for international students only)

學伴為不諳中文之外國學生提供協助，學伴會協助國際學生選課及其他在學時所遇到之問題。

Study partners are here to personally help you settle in, choose your courses and solve any problems you may come across during your studies.



◇ 選課須知 Course Selection

請至教務處線上選課系統選課。若有任何課程及選課相關問題，**請直接與系所聯繫**。

Please complete courses selection on our on-line system. If you have further questions related to your course, **please make inquiries towards the department of your major.**



- **課程查詢網站 Course Search Website:**

<https://academic.niu.edu.tw/files/11-1003-967.php?Lang=zh-tw>

- **選課步驟 Steps:**

教務系統使用手冊

Related Links: User Guide for the Academic System



[PDF file](#)

◇ 繳費 Fee-paying

- (1) 依學費單繳費。

Pay fees according to paying list. (Refer to the operation below to get payment slip)

- (2) 所有學生均須繳交學生團體保險費及網路通訊使用費約新臺幣 800 元，獲得學雜費減免之學生亦須繳交此等費用，學雜費減免不包含學生團體保險費及網路通訊使用費。

All students need pay for the Students Group Insurance, Internet access and other fees for a total about NT\$800 dollars. Students who have the Tuition and Miscellaneous Fees waivers **will not be excluded** from the aforementioned fees.

- (3) 請從這網站列印繳費單 Please print payment slip from this website:

https://newsch.tbb.com.tw/cpb1/index.aspx?lk=2&fbclid=IwAR10QMC_hjGw7_aIzt6EHRjuGxV7AnzRINYiqckmbZqEFaapGOVkJVhCubIh4



Step 1. 請點選紅圈標記旁的選項欄 Click the red marked button

臺灣企銀 Taiwan Business Bank 學雜費代收服務網

學生查詢登入

學校：國立宜蘭大學

學號：國立宜蘭大學 4 0 4 專戶

通行識別碼：桃園市私立美奇幼兒園

亞太學校財團法人亞太創意技術學院

國立臺灣師範大學附屬高級中學

中華學校財團法人中華科技大學

有限責任國立台灣師大附屬高級中學學生消費

有限責任臺南市五甲國民小學學生消費合作社

桃園市私立華岡幼兒園

獅峰學校財團法人

有限責任苗栗縣私立建臺高級中學學生消費合

國立高雄應用科技大學學生會

中華汽車工業股份有限公司職工福利委員會

中等學校基金—頭城家商 4 0 1 專戶

明新科技大學

財團法人臺灣省苗栗縣私立建臺高級中學

臺中市東區臺中國民小學代收學雜費暨薪資轉

國立彰化女子高級中學

國立二林高級工商職業學校

台灣省雲林縣私立巨人高級中學

線上服務 企業代收服務網

金融服務 新資轉帳優惠 新轉發放 手續簡便 代繳水電、電信費 瓦斯費 免出門

諮詢服務：營業日 9:00~18:00 電話：(02)2357-7171 服務中心：0800-00-7171
建議瀏覽模式 1024x768 解析度 IE7.0 以上 臺灣中小企業銀行版權 Taiwan Business Bank All Rights Reserved.

Step 2. Log in

Select School – 國立宜蘭大學, and then follow the instruction below, then press confirm.

臺灣企銀 Taiwan Business Bank 學雜費代收服務網

學生查詢登入

學校：國立宜蘭大學

學號：R0700000

通行識別碼：GD000000

確認

學生查詢

學校登入

繳費查詢

學雜費代收服務

- 提供快速銷帳
- 多元繳費管道
- 豐富的查詢及報表功能
- 信用卡繳費免手續費

最新消息

諮詢服務：營業日 9:00~18:00 電話：(02)2357-7171 服務中心：0800-00-7171
建議瀏覽模式 1024x768 解析度 IE7.0 以上 臺灣中小企業銀行版權 Taiwan Business Bank All Rights Reserved.

Student Number ex: R0700000

ARC Number ex: GD000000

Password:
1st Semester-Log in with Student Number

From 2nd Semester onward-
Log in with ARC Number
Ex:GD000000

Step 3. Click 明細 button to get payment detail.

臺灣企銀 Taiwan Business Bank 學雜費代收服務網 登出

學生繳費單查詢 學生繳費單查詢

國立宜蘭大學 / 使用者代號: R0711003(卓O美) 查詢日期: 2019/01/22 14:44:38 友善列印

學校: 國立宜蘭大學
學號: R0711000
姓名: ●●●●

業務別碼	學年	學期	部別	費用別	銷帳編號	應繳金額	繳費管道	狀態	明細
8040	107	第二學期	研究所	學雜費	8040011807110030	37,825		未繳款	明細

Click it

Step 4. Click 產生 PDF 繳費單 to generate payment slip

繳費/銷帳資料

繳費金額合計:	37,825	銷帳編號:	8040011807110030
隨櫃金額合計:	37,825	隨櫃銷帳編號:	8040011807110030
超商繳費金額:	37,825	超商銷帳編號:	8040011807110030
銷帳狀態:	未繳款	繳費方式:	
代收銀行/分行:		代收日:	
入帳日:			

產生PDF繳費單 網路ATM繳款 網銀繳款 信用卡繳款

回上一頁

Click & Download

◇ 報到 Registration

隔離結束後請至國際處(行政大樓 5F)辦理報到，以下為報到所需文件：

Please bring documents below to the Office of International Affairs (Administrative Building 5F) for registration after your quarantine :

- (1) 經台灣駐外機構認證的每學期畢業證書及成績單
Diploma and transcripts of every semester which are authenticated by Taiwan Overseas Mission.
- (2) 簽證，護照及居留證
Visa, passport, and ARC.
- (3) 存摺
passbook of any bank in Taiwan.
- (4) 健保卡（若有）
National Health Insurance Card if you have one.
- (5) 保險費台幣 4055 元
Insurance fees NT 4,055 dollars

宜蘭大學資訊 Information about National Ilan University

◇ 宜蘭大學位置 Ilan University Location

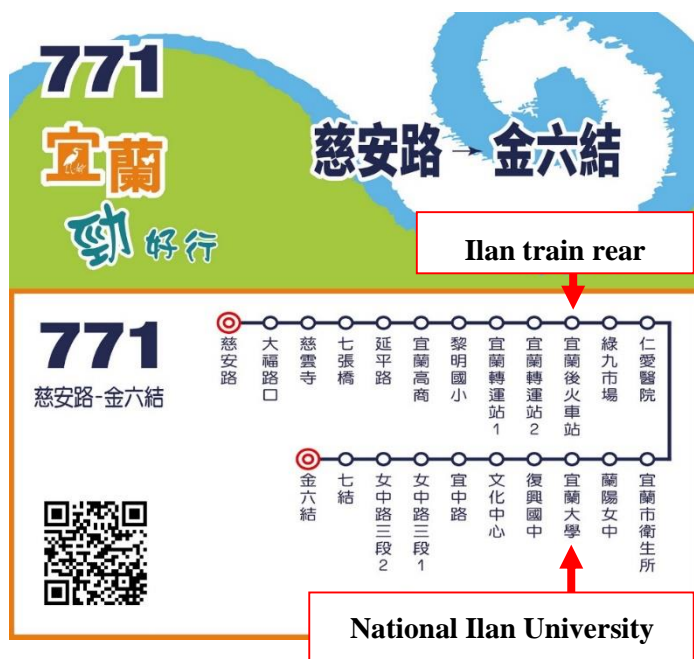
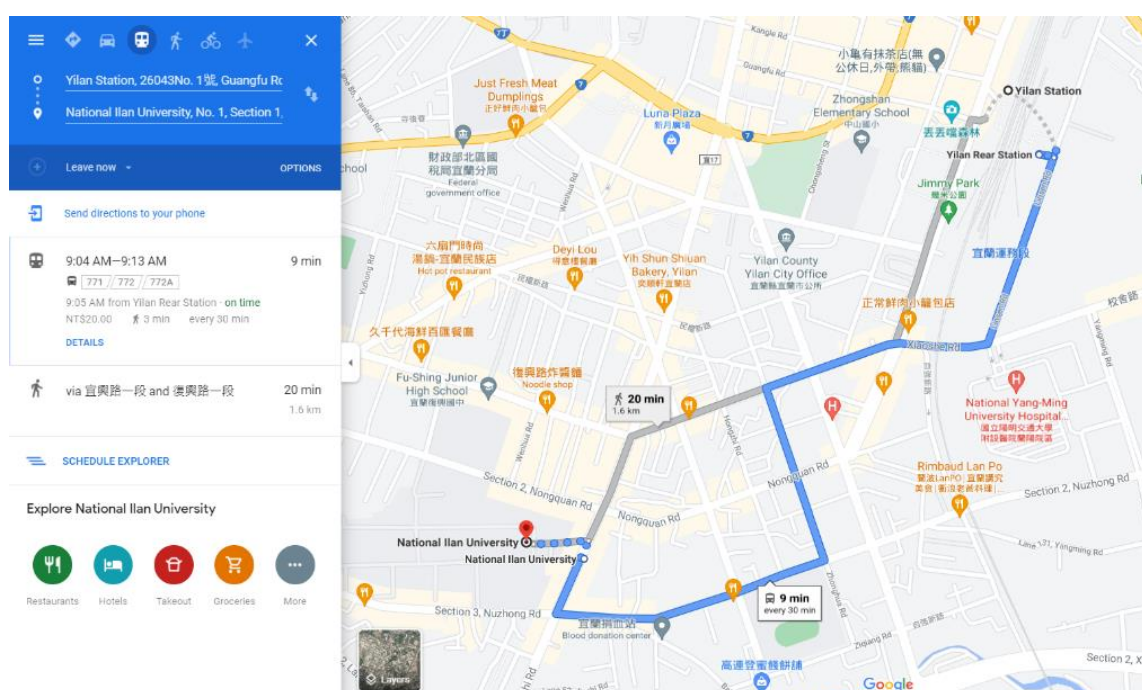
宜蘭大學地址 Address:

宜蘭縣宜蘭市神農路一段 1 號

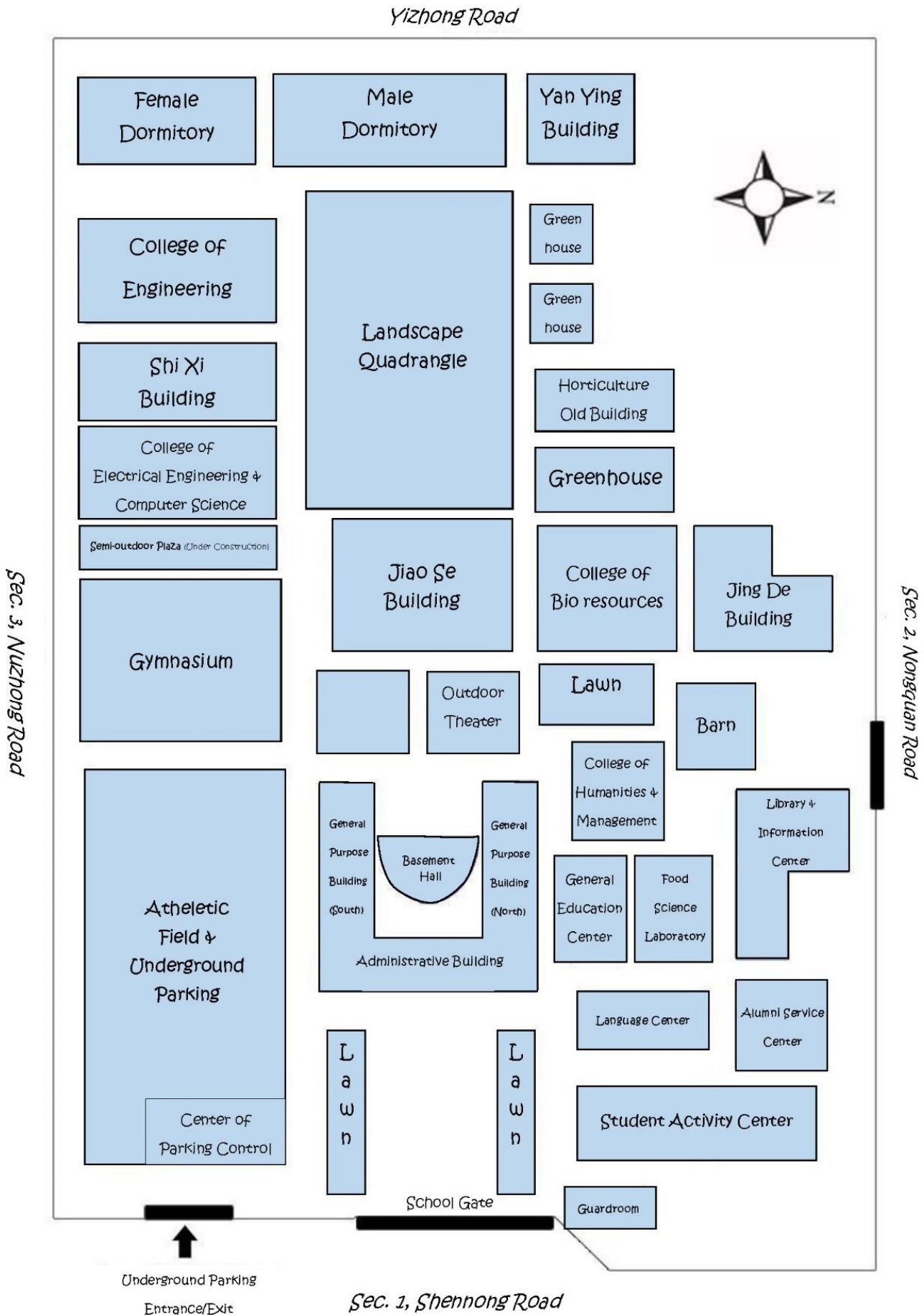
No.1, Sec. 1, Shennong Rd., Yilan City, Yilan County 260, Taiwan (R.O.C.)

可搭乘 771, 772, 772A 公車從宜蘭後火車站至宜蘭大學，所需時間為 9 分鐘。

From Ilan train rear station take bus 771.772.772A about 9 min to National Ilan University.



◇ 學校地圖 Campus Map



◇ 周邊交通資訊 Available Transportation

1. 宜蘭大學公車站（停車場出入口旁） National Ilan Universtiy bus stop (beside the parking entrance)



2. 宜蘭火車站 Yilan Railway Station

地址 Address: 260 宜蘭縣宜蘭市光復路 1 號 26043

No.1, Guangfu Rd., Yilan City, Yilan County 260003,
Taiwan (R.O.C.)



3. 宜蘭轉運站 Yilan Bus Station

地址 Address: 260 宜蘭縣宜蘭市校舍路 190 號

No.190, Siaoshe Rd., Yilan City, Yilan County 260006,
Taiwan (R.O.C.)



◇ 宿舍 Dormitories

● 宿舍簡介 Dorm Introduction

宜蘭大學宿舍分為男舍「時化學舍」及女舍「礪金學舍」及「滋蘭學舍」皆為四人房。每間房間均有冷氣機及無線網路。宿舍內有公共衛浴、聯誼廳、電視及晾衣間。

All international students will be provided with on-campus dormitory-style housing. Every room is equipped with 4 beds (2 bunk beds). Furniture for every student includes a desk with drawers, a book lamp, a bookshelf, a wardrobe and a bed, and also with air conditioning and internet access. The dorm facilities also include shower and sink, lounge, TV and clothes drying room.

● 住宿規定 Dorm Regulation

(1) 宿舍進出皆須刷門禁卡，請勿將門禁卡轉借他人使用。

Please use a Key-card to gain access to dorm building. Keep the door closed. Key-card is for personal use only.

(2) 禁止大功率電器用品於寢室內使用，包含電視、電鍋、電湯匙、電茶壺、電磁爐、微波爐、烤麵包機等大功率之電器，亦不得私接電源，及瓦斯器具等。

Prohibited, dangerous, or unsanitary articles, as well as articles that block access to other persons' belongings are prohibited. This includes televisions, karaoke machines, video games, irons, electric pots, electric stoves, kettles, and so on.

(3) 宿舍全面禁煙，宿舍內不得爭吵、鬥毆、酗酒或涉及金錢賭博。不得攜帶違禁品進入宿舍。

It is prohibited to smoke, fight, argue, drink alcohol, gamble, or cause other disturbance in the dormitory.

(4) 不得帶非住宿生進入宿舍，如有訪客請至辦公室登記，異性訪客得於會客處所接待，不得進入寢室，嚴禁私自帶外賓至學生宿舍過夜。

Visitors are only permitted to stay in the lounge on the 1st floor unless specifically authorized by the university. All visitors, family members or friends are not allowed to stay overnight in the dormitory.

(5) 寢室冷氣供應採「使用者付費」原則。

Air conditioning in the dormitory will be provided for a fee.

- (6) 離校前同學們應查核寢室財產無誤並打掃清潔後，再遷出宿舍。
Students should clean their rooms, and after it has been ascertained that nothing is missing, students may move out.
- (7) 禁止飼養寵物。
Pets are not allowed.
- (8) 24：00 後關寢室大燈。
Main lights must be switched off at 24:00.
- (9) 24：00~07:00 不得淋浴及洗滌衣物。如因特殊情況經核備者，女生可至礪金一樓夜間盥洗室，男生可至一樓 C 區淋浴。
Not allowed to take showers and wash clothes from 24:00~07:00. For special cases, girls may proceed to the night shower area on first floor of the Li-Jing building. Boys may proceed to the shower area at 1C.
- (10) 宿舍於每學期末會進行消毒，消毒時間無法進入宿舍，請留意公告！Dorm disinfection will be taken on the end of term. You are not allowed to stay in the dorm during that period. Please be noted.

● 住宿費用 Dormitory Fee

- (1) 每學期每人住宿費用為 NT 9,500 元（費用以公告為主且不含寒暑假）。
On-Campus Accommodation：NT\$9,500 per semester（fee is subject to change and not including summer and winter vacation）.
- (2) 男女生宿舍各有 2 名管理員。
Each dormitory has 2 managers.

● 聯絡方式 Contact Information:

- (1) 地址 Address: 宜蘭縣宜蘭市神農路一段 1 號
No.1, Sec. 1, Shennong Rd., Yilan City, Yilan County 260, Taiwan (R.O.C.)
- (2) 男生宿舍 Boy's Dorm: 03-9317155
- (3) 女生宿舍 Girl's Dorm: 03-9317157



◇ 行政單位 Administration

1. 國際事務處 Office of International Affairs (OIA)

位置 Location	行政大樓5F Administrative Building 5F
聯絡方式 Tel	03-9317182 / 03-9317929
職務 In charge of	境外生獎助學金及出國補助,交換學生,境外生工作證及健保卡處理。 Scholarship of foreign students, student exchange, work permit, Overseas students national health insurance.

2. 教務處 Office of Academic Affairs (OAA)

位置 Location	行政大樓2-3F Administrative Building 2-3F
聯絡方式 Tel	03-9317088
職務 In charge of	學位證書發放,成績單,學生證發放,校際選課,休停學。 Degree certificate, transcripts, student ID issuance, inter-campus course selection, suspension and termination of studies.

3. 學務處衛生保健組 Health Service Division

位置 Location	體育館2F Gymnasium 2F
聯絡方式 Tel	03-9317170
職務 In charge of	預防傳染病(含新冠肺炎確診學生處理),學

	<p>生團體保險，外籍生健保處理，臨床治療與健康諮詢，緊急傷病治療。</p> <p>Prevention of communicable diseases, Student group insurance, foreign students national health insurance, clinical treatment and health counseling, emergency injury/illness treatment and patient referral.</p>
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◇ 本處其他網站 You may also surf the following useful websites

國際處網站
[OIA Website](#)



NIUFS 宜大外籍生
[Niu Foreign Students FB](#)



宜大僑生聯誼會
[Overseas students FB](#)



生活資訊 Campus Life

◇ 簽證及居留證須知 VISA and ARC Information

外籍生及僑生含港澳具外國國籍之華裔學生 International Students (Hong Kong and Macau not included)

Before Arrival (抵達前)

請依照身分別點選下列頁面，並依照頁面內容指示完成居留簽證 **Resident Visa** 申請。

Please click the following link based on your identity and follow the respective instruction in order to apply for the **Resident Visa**. Please **apply for Resident Visa, not Visitor Visa**.

外國學生申請居留簽證
Resident Visa for Foreign
Students: <https://reurl.cc/7prEx5>



僑生申請居留簽證
Resident Visa for Overseas
Chinese Students:
<https://reurl.cc/leRpxq>



After Arrival (抵達後)

Resident Visa → ARC

1. Resident Visa holders must apply for Alien Resident Certificate (ARC) within 15 days after arrival.

居留簽證轉居留證需於抵臺 15 天內完成申請。

2. 申請文件 Required documents:


- ✓ One application form and 2 photos (申請書 1 份及相片 2 張)
- ✓ Passport & Resident Visa (original & photocopy) (護照及居留簽證正、影本各 1 份)
- ✓ Admission Letter (錄取通知書正、影本各 1 份)
- ✓ Enrollment Certificate or Student ID with registration stamp (在學證明或蓋有註冊章之學生證)
- ✓ Accommodation Certificate (住宿證明)
- ✓ Application Fee: NT 1,000 (申請費用：新臺幣 1,000 元)

3. Submit one photocopy of ARC to the OIA. (取得居留證後，請務必繳交 1 份影本至國際處)

4. 領取居留證地址 Address :

26549 宜蘭縣羅東鎮純精路三段 160 巷 16 號四樓

4F., No.16, Ln. 160, Sec. 3, Chunjing Rd., Luodong Township, Yilan County 265009, Taiwan (R.O.C.)

<p>線上申請網站 Students Online Application System : https://reurl.cc/NRrOpq</p>	<p>系統使用教學 System User Guide: https://reurl.cc/zNeOr0</p>
	

✧ 手機門號辦理資訊 Where to Get a Phone Number

<p>電信業者 Telecom Company</p>	<p>地址 Address</p>
<p>中華電信 Chunghwa Telecom</p>	<p>宜蘭縣宜蘭市神農路一段 170 號 No. 123, Section 1, Shennong Road, Yilan City, Yilan County</p>
<p>遠傳電信 Far East Tone</p>	<p>宜蘭縣宜蘭市復興路二段 2-1 號 No. 2-1, Section 2, Fuxing Road, Yilan City, Yilan County</p>
<p>台灣大哥大 Taiwan Mobile</p>	<p>宜蘭縣宜蘭市神農路一段 192 號 No. 192, Section 1, Shennong Road, Yilan City, Yilan County</p>

◇ 學校診所資訊 NIU Clinic Information

1. 健康中心 Health Center

健康中心位於體育館二樓，提供緊急傷病處理與醫療諮詢服務。
Health center is located at the Gymnasium, 2nd floor.

診療時間 Service Hour :

➡ 內科 General Medicine :

Monday to Thursday 10:00am~12:00pm ; 2:00pm~4:00pm

➡ 中醫 Traditional Chinese Medicine :

Friday 10:00am~12:00pm

2. 諮商中心 Student Counseling Center

諮商中心位於體育館三樓，提供全校學生心理輔導及諮詢服務。
Student Counseling Center is located at the Gymnasium, 3rd floor.

◇ 生活用品採買地點 Market Locations

1. 宜大文具精品生活館 YIDA Stationery Life Mall :

地址 Address : 宜蘭縣宜蘭市神農路一段 48 號

No. 48, Section 1, Shennong Road, Yilan City, Yilan County



2. 喜互惠生鮮超市文化店 Surewell fresh supermarket

地址 Address : 宜蘭縣宜蘭市民族路 426 號

No.426, Minzu Rd., Yilan City, Yilan County

3. 全聯 PX Mart

地址 Address：宜蘭縣宜蘭市復興路二段 36 號
No. 36, Section 2, Fuxing Road, Yilan City, Yilan County



4. 家樂福 Carrefour

地址 Address：宜蘭縣宜蘭市民權路二段 38 巷 2 號
No. 2, Lane 38, Section 2, Minquan Road, Yilan County

5. 新月廣場 Lunar Plaza

地址 Address：宜蘭縣宜蘭市民權路二段 38 巷 2 號
No. 2, Ln. 38, Sec. 2, Minquan Rd., Yilan City, Yilan County



6. 大雅書局 Daya Bookstore

地址 Address：宜蘭縣宜蘭市文化路 6 號
No.6, Wenhua Rd., Yilan City, Yilan County

◇ 銀行資訊 Bank Information

中華郵政 ChungHwa Post

地址 Address：宜蘭縣宜蘭市神農路一段 1 號

No. 1, Section 1, Shennong Road, Yilan City, Yilan County



◇ 生活須知 Living in Yilan, Taiwan

1. 氣候 Climate

宜蘭縣是多雨的地區；根據中央氣象局宜蘭氣象站統計，宜蘭縣是屬副熱帶季風氣候區，平均一年有兩百多天是下雨天，因此雖然全縣的蓄水量並不高，但卻是全省水資源最不匱乏的地區；主要雨季有颱風期、梅雨期、東北季風期。

宜蘭平均溫度為 22°C，全年個月上下溫差約 10 度左右，氣溫相當溫和，最熱的月份是七月，平均溫度為 28.1°C；最冷月份是一月，平均溫度是 15.8°C；最熱與最冷月平均差為 12.3°C。

Rainy is a feature of the climate of Yilan. In Taiwan, it is called “竹風蘭雨” meaning they is wind in Hsinchu just as there is rain Yilan. It becomes the weather which often remained unsettled over several months at the time of the monsoon from the northeast of winter especially.

Summer temperature：25-32°C

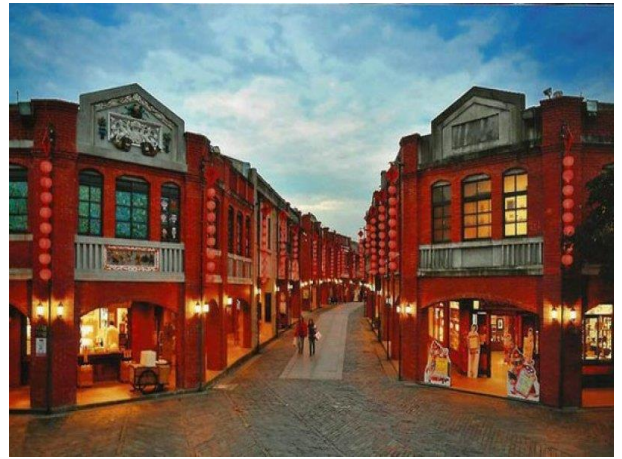
Winter temperature：15-22°C

Typhoon Season：June to September, sometimes in May and October.

2. 宜蘭景點一欄 Yilan Attractions



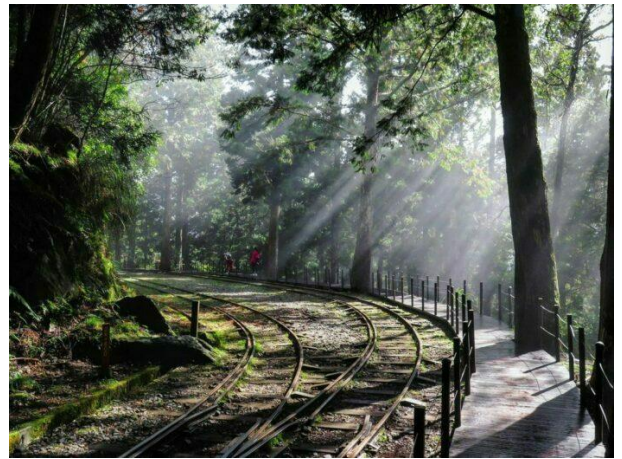
幾米公園
Jimmy Park



國立傳藝中心
National Center for Traditional Arts



外澳海灘
Wai'ao Beach



太平山國家森林遊樂區
Taipingshan National Forest
Recreation Area



羅東林業文化園區
Luodong Forestry Culture Park



蘭陽博物館
Lanyang Museum

3. 宜蘭美食 Yilan Foods



原來豆花
Soybean Pudding



柯氏蔥油餅
Scallion Pancakes



阿娘給的蒜味肉羹
Pork Pottage with Garlic Flavor



正好鮮肉小籠包
Dumpling



阿宗芋冰城
Taro ice



牛舌餅
Ox-tongue Cookies

4. 電壓 Voltage

☞ 110V , 60Hz



5. 換匯 Currency Exchange

- (1) 建議同學們在抵達台灣機場時，可先行在機場換匯
Currency exchange is available at the airport, and we recommended students can exchange money to NT dollars while arriving Taiwan.
- (2) 臺幣 New Taiwan Dollar(NTD)
Coins : 50、20、10、5 and 1NTD
Bills : 2000、1000、500、200 and 100NTD



- (3) 匯率 Exchange rate
USD : NTD = about 1 : 30
HKD : NTD = about 1 : 4

6. 生活費概算 Living Cost

在宜蘭生活費大約一個月 8 千至 1 萬元。

Living expenses range from NTD8,000 to NTD10,000 per month.

7. 實用 APPS Recommend Apps

(1) Google 智慧鏡頭 Google Lens

主要功能：可及時翻譯文字

Main Function：Google Lens can translate text from the real world.



(2) 健保快易通 National Health Insurance App

主要功能：得知你在台的醫療記錄及訊息，如看診記錄及至醫院檢測新冠肺炎結果。

Main Function：Enable you to reach your personal health information, including medical records, surgery, medications, tests and examinations, covid-19 test report, etc.



(3) 台灣公車通 Taiwan Bus

主要功能：全台交通工具資訊查詢。

Main Function：Providing bus estimation time, nearby stops and related routes.



◇ 常見問題 Q&A

(1) 如何申請居留證？ How to apply ARC?

請看本冊第 23-24 頁。 Please look at page 23-24.

(2) 如何取得在學證明及住宿證明？

How can I get enrollment certificate and accommodation certificate?

請聯繫嘉儀姐（外籍生）或劉教官（僑生）以取得在學證明及住宿證明。

Please contact OIA Ms. Joey (International Students) or Mr. Liu (Overseas Students) to get your enrollment certificate and accommodation certificate.

(3) 如何申請工作證？ How to apply work permit?

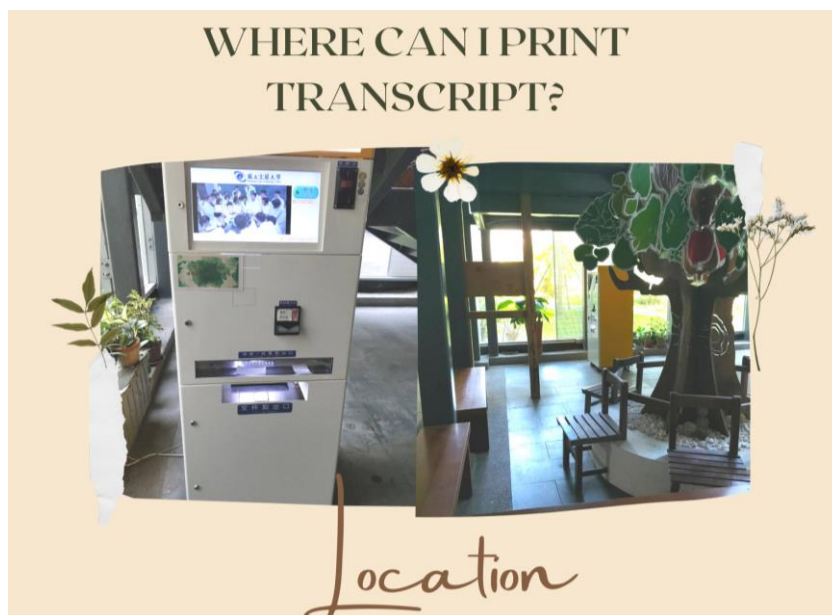
<https://reurl.cc/gMNNXX>



(4) 成績單要到哪裡影印？ Where can I print my transcript?

用以下機器即可列印，於行政大樓 1F 電梯前（教發中心旁），費用需 20 元左右。

Please use this printing machine at Administrative Building 1F, in front of the elevator. It cost around 20TWD.



(5) 如何查詢我的獎學金或學校工讀金是否進帳？

How to check the status of my scholarship?

請至出納組出納支付網路查詢系統查詢：<https://cash.niu.edu.tw/>

For international Students:

<https://reurl.cc/5pGOG7>



(6) 我為何會被扣稅，是否可以拿回？

What is the income tax? When should I file taxes?

<https://reurl.cc/XV4AX7>



(7) 外國學生獎學金幾時入帳呢？**When can I receive my scholarship? (for international students only)**

外國學生獎學金會於每個月 15 號前發放。You will be receiving your scholarship before 15th every month.

(8) 申請健保卡的條件是什麼？**Requirements for National Health Insurance (NHI) Registration.**

在臺居住滿 6 個月，係指進入臺灣地區並取得外僑居留證後(以居留證初次核發日期為準)，連續居住達 6 個月，或曾出境 1 次未逾 30 日之實際居住期間，扣除出境日數後，併計達 6 個月。A person who has, after receiving an ARC, stayed in Taiwan for six consecutive months (starting from the ARC issue date), or exited Taiwan only **once**, for fewer than 30 days, within a period amounting to six months after the number of days that they have been away from Taiwan is deducted.